Tai Chi



The fan, as a weapon, has a long tradition and was used in many cultures. The majority of the practitioners were women bodyguards for the Lords, their weapons were disguised as fans and hair clips. Practicing the Tai Chi fan is a study of deception, distraction and graceful effectiveness.

WHEN: Saturday, February 22nd

TIME: 11:30 - 1:30 pm

WHO: Everyone, NO experience is needed EQUIPMENT: Bring your fan, use a school fan,

or purchase a fan at the school, \$25

INSTRUCTOR: Mr. C

COST: \$55



PETALUMA ACADEMY OF MARTIAL ARTS
620 Petaluma Blvd N Petaluma, CA 94952
778-1069 www.pamakarate.com